

## Anna Twardon, MA

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ANNA TWARDON, M.A., is a psychologist and a psychotherapist in private practice in New York City. She is a graduate of the Jagiellonian University (1995) and the New York University (2005). Before leaving Poland in 2001, she had completed three years of postgraduate training at the "Laboratorium" Institute for Training and Psychoeducation in Warsaw. In New York, she trained in psychotherapy of addictions at the Outreach Project and in intensive, brief psychotherapy of acute psychiatric emergencies, inpatient and ER, at the Department of Psychiatry of Beth Israel Medical Center in New York. Currently she is a participant at the Apres Coup Psychoanalytic Association and a Lacanian "analyst in formation". She has been practicing psychotherapy since 2001, both in a private practice office in Manhattan and in outpatient clinics. She specializes in psychodynamic and psychoanalytic psychotherapy of mood and anxiety disorders, personality disorders and identity / Self problems related to bilinguality. Her main professional interests are J. Lacan's psychoanalysis and the function of language in the formation of Self and its role in the analytic cure. She has been practicing Iyengar Yoga since 1992 and is a member of The Iyengar Yoga Institute of New York. Speaking Other - Lacanian Analysis and the Buddhist Self